

The *Trinitarian*

Our Mission: To know Jesus Christ and to make Him known through our good works.

Church of the Holy Trinity

November 2009 Newsletter

Brad's Ink

Greetings to the people of God in the Holy Trinity Family and all Christian friends.

I am excited about the upcoming months and especially the return of our children's skits to the service. This month, we will have the skit on November 15.

Bishop Sutton told a story at the last Diocesan Convention about how you must place your top priorities first – before “life happens” and your time is spent reacting to everyone else and their priorities. (See me for the complete story.)

On that note, Bishop Sutton wants to set the vision of the Diocese of Maryland for the next five years. He is using a “bottom up” process he named “Horizons Gatherings”. The process is truly “bottom up” as the Bishop has not pre-decided anything. He is interested in seeing where we, the people of the Diocese, want to place the emphasis in our Christian journey.

The beginning point of the process is to see where the Diocese is in five different areas:

Growing – this is initially looking at inward spiritual growth or discipleship.

Reconciling – we have a need for reconciling people and groups at all levels.

Inviting – how can the Episcopal Church be more inviting to people?

Serving – we are a servant community serving those less fortunate than ourselves.

Communicating – we must communicate all of our stories to others.

The result of the process will be a report to the May 2010 Convention.

The Horizons Gatherings process began on October 3 at Bishop Claggett Center, Buckeystown, Maryland. About 150 people representing churches and “institutions” from around the Diocese attended the gathering, including Pat Johnson and myself, representing Holy Trinity.

During the meeting, Bishop Sutton was surprised that the most attended session was the Reconciling session. Participants showed more energy toward reconciling than any other area. It was interesting to note that most of us think that Reconciling should be done with “those” groups, but we often fail to look inward to see where we need to reconcile with others. It is easy to see that the Arabs and the Israelis must reconcile for the sake of all people in the Middle East and indeed the whole world. However, it is far harder to see where we need to reconcile in our own families, in our parish churches, in our Diocese, or in the national Episcopal Church. (Actually, the higher you go on that list the easier it is to see how “they” need to reconcile.)

We are called to a spirit of reconciliation. Paul tells us in the 2nd chapter of Ephesians: “For he [Jesus] is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father.”

That spirit of reconciliation is active in the Diocese. What do we at Holy Trinity think? How can we reconcile with those that we are currently at odds with? Can we do it?

The other area that saw a great deal of energy expressed was “Inviting.” The one question that intrigued me was, “Why doesn't the church go to the community?” I also learned that churches may often have barriers to entry. Some of the barriers are visible, like is the church handicap accessible. Some of the barriers are less visible like the music or gatekeepers or

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From the Property Warden

Dear Holy Trinity Family:

On a very rainy Saturday, 17 October 2009, we got all the inside work done with a small but energetic crew. Thanks very much!

The Outside Work Day has been scheduled for Nov. 21, 2009, the first available Saturday on the Parish Calendar. I cannot be there that day, but the tasks on the List (below) are clear and we hope the day will be also... not too cold, no snow. Meanwhile, I hope many of you will drop by the Church property and do one or two tasks at your convenience. Volunteers have already committed themselves to completing some of the tasks, so if you can't find something below, somebody else probably already did it. If everyone pitches in, maybe we can cancel the Nov. 21 date.

Thanks, in advance, for all your work — including regular mowing and trimming the grounds, which is saving us thousands of dollars each year.

*Outside Workday
Saturday, Nov. 21*

Yours in Christ,

– Jim Wollon, Property Warden

Outside Workday Tasks Remaining to be Done:

12.(3) Replace approximately 10 fluorescent tubes in the Parish Hall and take the burned-out tubes to the dumpster. Replacement tubes can be found standing up in a box to the right of an old wooden cupboard behind the Furnace Room door (the Furnace Room is under the Kitchen, slightly left of the basement stair). Please Do NOT use “slimline” tubes to the left of this cupboard, nor “Kitchen and Bath” tubes on top. If replacement tubes fail to light, we probably have a ballast problem and this should be brought to my attention specifically.

13 and 8. Wash all windows, or as many as you can conveniently do, in the basement and first story. Glass cleaner, paper towels and a ladder are in the Sexton's closet. On the first story, please remove diamond grids carefully to avoid breakage. When reinstalling them be sure to engage all four corner clips into sash frames. One corner clip beside the Parish House sink has dropped out of its slot. [A Volunteer has accepted some of these; more help welcome]

14. Pantry: one diamond window grid is broken and a piece is at bottom of sash. Glue and clamp breakage. [A Volunteer has accepted this one]

17. Pick up trash all over grounds, especially along road and school parking lot. Put it in the dumpster. [A Volunteer has been doing this, but trash accumulates daily and can always be found.]

18. Remove Yew along road near sign. This is a big job, a 2 to 4 person job. Please haul all materials to Sayres' or Wollons' woods. It might not be feasible to do this one ourselves. [Volunteers have accepted this one.]

19. Remove pile of limbs behind Holly at school end (east end) of cemetery and take to Wollons' or Sayres' woods.

Pickup truck(s) needed. Under a pile of locust limbs is a property line marker, which is a bent steel rebar and a wooden stake, both spray-painted red. We need to remove everything north of this marker, including all the small locust limbs. We don't need to remove the major locust branch, mostly off our property and the tree from which it fell is not on our property. Limbs with leaves are on our property from our trees. A cemetery lot corner will be exposed, a small square granite stone flush with the ground.

36. Remove a small pile of brush near the trunk of the 2nd pine tree east of the lawn mower shed (east is toward the School); haul to Sayres' or Wollons' woods with task 19.

20. Remove a few downed limbs here and there on our property and haul with the above material to Sayres' or Wollons' woods.

21. Remove all pine needles, sticks and other material from the Parish House outside basement stairs. Bag and place near dumpster or haul away with above material, if convenient.

22. Clean out all weeds from Parish House basement window wells. Bag and place near dumpster or haul away with above material, if convenient.

23. Dig out dead shrub under Office windows. Place near dumpster or haul away with above material, if convenient.

32. Big-time growth of thistles in mulch around north (road) end of Parish House, and a few big dandelions, too; and some along other sides of building. Dig them out, roots and all, or hit them with Round-Up and leave them in place, and pull completely when thoroughly dead. Take care not to hit desirable plants with Round-Up. If dug out, bag them in trash bags and place them beside dumpster. [A Volunteer has accepted this one, with Round-Up]

Bakers, Warm Your Ovens!



Our annual *Breakfast with Santa* festivity on Dec. 5 will soon be here. The Bake Sale, the big fund raising portion of this event, needs your assistance.

Kindly make a commitment to contribute baked goods to sell at our bake sale tables.

In addition to bakers, volunteers are needed the Friday morning before the *Breakfast* to package and label the contributed goodies. Drop by the Parish Hall at 9:00 am on the 4th. As many of you know, this is a fun gathering, with much cooperation, many suggestions offered and lots of laughter. It is always amazing how quickly this task is accomplished. Busy hands make for short work and we should be able to complete this effort in a couple of hours.

Your baked goods need to be dropped off at the Parish Hall in time to be included in this effort.

If you have any questions, call me at 410-939-3305 or via e-mail at amenzer@comcast.net.

I send along an early thank you to all who make the Bake Sale so very successful!

– Audrey Menzer

24. Carefully store “Episcopal Church Welcomes You” signs and their posts, out of the way in Lawn Mower Shed. Ditto the empty sign frame next to them. This is a 2-person job. We have been unable to secure permission from Planning & Zoning to install these and further discussion with P&Z is pending.

25. Adjust levels of a few flagstones to make them flush with the ground in walk between Church and Parish House, and on the Church Porch floor. The top flagstone of the walk, next to the porch, is the worst. We have sand, pry bar and fulcrum. This is a two-person task.

26. Remove dead flowers and faded/damaged artificial arrangements, including containers and stands from the graves. Bag dead flowers and place them near dumpster; or haul away with other plant materials as above. Place artificial arrangements in the dumpster, as well as, containers and stands, or take them home for your own use.

27. Wash glass of 3 yard post lights along the slate walks from Church Lane to Parish House. Glass cleaner, paper towels and stepladder are in Shed or Sexton’s Closet.

31. In three post lights along slate walk from Church Lane to Parish House: install 3 brass screws with washers through each lamp base into wooden post, replacing the existing screws. We have standard slotted screws and washers, and stepladder as above; please bring your own screwdriver and power drill for pilot holes.

28. Take big concrete block (which is under the belfry) to neat storage behind the Lawn Mower Shed. We have a wheelbarrow in the Shed.

33. A few pieces of vertical vinyl siding on the Parish House have slipped down, mostly near corners. Raise them up, drill a small hole near the top and drive 1 aluminum nail through drilled holes into plywood sheathing. We have the nails and stepladder in the Shed or Sexton’s Closet; please bring your own hammer and power drill.

34. Remove sticks and other tree debris from atop Parish House gutter on left (east) side of Diagonal Entry. Use single ladder hanging inside Lawn Mower Shed, on your right as you enter.

37. The snows are coming. I’ve dropped a number of markers for corners and obstructions in the Parish House parking lot and lane, to guide the snow plows when everything is covered. Tap these securely into the ground with a heavy hammer.

Brad’s Ink (from page 1)

economics or age or demographics or tradition or location. While I like to think that we do not have any barriers at Holy Trinity, how objective is that view? We also found that about ¾ of the people that have come into the Episcopal Church in the last 40 years have come because someone invited them to church. All of us can invite our friends and families to either a church service or an event that will help connect them with the church. Now, “How do we make Holy Trinity more inviting?”

Anyone may be part of the continuing Horizons Gatherings process and I invite you to join me on October 31 at 9 AM at St. Mary’s, Emmorton. This is one of five regional meetings that have been scheduled as part of the process, because distance should not be a barrier to participation.

November is an exciting month. Come join in the activities. May God Bless you and bring the light of Christ into your heart.

– Father Brad

Just What IS a Quarter Auction?



**Our Next Quarter Auction
Saturday, Nov. 14
Join the Fun & Fellowship!**

For those who are still pondering this question, here's an attempt to answer — based on observations of the event held Saturday, October 10, 2009 at Holy Trinity. First and most important, it is a fund raising event. This particular evening's auction brought us a net profit of \$960.

To attend the auction, a person must make a reservation and purchase a ticket. Auction tickets cost \$10. For that sum, the ticket holder is provided with dinner and two numbered paddles to use in the auction. A third paddle may be purchased for an extra \$2. Dinner was catered by The Olive Tree restaurant of Aberdeen and consisted of a baked ziti casserole, salad and bread sticks. Desserts and soft drinks were purchased and/or donated by church members.

Merchandise to be auctioned is supplied by a dozen or so vendors who bring their wares to the parish hall and set them up on long tables prior to the dinner. This gives people attending the auction a chance to browse and decide which items they might want enough to place a bid. After dinner,

the auction begins while the bidders remain seated

at the dinner tables. The auctioneer describes each item and specifies whether it requires a one, two, three or four quarter bid. If an item requires a two quarter bid, a bidder who wants the item must hold up one or both of his/her paddles and put two quarters for each raised paddle into a dish on the table. The auctioneer has a large tub filled with ping pong balls. Each ball has a number corresponding to a paddle number somewhere in the room. The auctioneer pulls a ping pong ball from the tub and reads the number. If the number matches one of the raised paddles, the person with that paddle wins the item. If the number matches a paddle that has not been raised, a new ping pong ball is drawn from the tub until there is a match to one of the raised paddles.

The quarters in the dishes are collected each time an item is auctioned and placed in a bag belonging to the vendor who provided the item.

Items auctioned during the event included a Colt's football helmet autographed by Artie Donovan, ladies hand and travel bags, gourmet gift packages from Dove Chocolate, Something Sweet, and Tastefully Simple, pairs of potted mums, gift packages from Avon and much, much more.

Most of the profit for the church comes from the ticket sales. In addition, however, each vendor donates one item to the church and the quarters collected during the bidding on that item are given to the church. Volunteers from the church are needed to help during the event by selling and collecting tickets, serving the dinner, assisting during the auction and helping with clean up. Some volunteers also participate in the auction.

In October, volunteers assisting during the evening included Fr. Brad, Father Mac, Cookie Bartfeld, Jean Bloyer, Jacob DiMattia, Eric and Gene Fitzgerald, Mike and Joan Kelly, Frances Mason, Rea and Julie Montville, Bill de Rosset, Lawrie and Betsy Sayre, and Jane Scocca. Loren Kelly who participates in many HTC activities was both a vendor and the auctioneer for the event. We thank all who helped.

Our next quarter auction is scheduled for Saturday, November 14. Why not plan to come join the fun and fellowship?

— Jane Scocca

A New Understanding of the 23rd Psalm

The Lord is my Shepherd ► *that's a Relationship!*

I shall not want ► *that's Supply!*

He maketh me to lie down in green pastures ► *that's Rest!*

He leadeth me beside the still waters ► *that's Refreshment!*

He restoreth my soul ► *that's Healing!*

He leadeth me in the paths of righteousness ► *that's Guidance!*

For His name sake ► *that's Purpose!*

Yea, though I walk through the valley
of the shadow of death ► *that's Testing!*

I will fear no evil ► *that's Protection!*

For thou art with me ► *that's Faithfulness!*

Thy rod and Thy staff they comfort me ► *that's Discipline!*

Thou preparest a table before me in the
presence of mine enemies ► *that's Hope!*

Thou anointest my head with oil ► *that's Consecration!*

My cup runneth over ► *that's Abundance!*

Surely goodness and mercy shall follow me
all the days of my life ► *that's Blessing!*

And I will dwell in the house of the Lord ► *that's Security!*

Forever ► *that's Eternity!*

Submitted by
— Cookie Bartfeld

Celebrating 25 Years



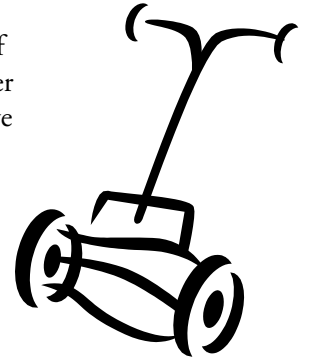
Bill and Carol Campbell invited members of Holy Trinity to witness and celebrate the renewal of their wedding vows in October — 25 years after first saying “I do.”

Thanks to the Grass Cutting Crews

With the start of November, the grass cutting schedule at Holy Trinity officially ends. Considering that there was a healthy amount of rain this past summer, we were fortunate that there were an adequate number of volunteers to meet the ever-present challenge of keeping the grounds looking trimmed. A tip of the hat and thanks go to Basil Coale, Joan Kelly, Kris Pollard and her children, Frank Smith, Walt Rowe, Lawrie Sayre, Ken Dehner, Chip Heaps, Kate and Rick Denny, and Ricky Wilson for serving on this funds-saving ministry. During the summer, very positive comments were passed to us on the appearance of the grounds and we sincerely appreciate them. Usually, when it comes to grass cutting, comments are only heard when it's not done... however, not at Holy Trinity!

Special thanks go to Basil Coale. While in the process of mowing, the shaft that powers the mower deck on our riding mower broke. At this same time, while diagnosing

the problem, he determined that the drive belts were also in need of replacement. Basil rode the mower to the service shop, in order to save pick-up charges, and made all the arrangements for the repairs. Basil is also recognized for painting the door to our equipment shed which had definitely weathered over the years. Thanks Basil for extending your efforts!



Second, special recognition is given to Ricky Wilson. I was informed late in the summer that Ricky was enthusiastically willing to join our staff. Well, I want it to be known that Ricky spent literally days on the end of a line trimmer (Weedeater) trimming the grasses around and uncovering all the headstones, corner markers, flat grave plaques, etc. in the cemetery. He also ran an edger along the two slate walks leading to the church which removed all the encroaching grass and provided cleaner looking and wider paths. Ricky, thank you for doing a terrific job, all you did looks great!

– Walt Rowe

Did You Know...?

The Vestry first discussed starting a Sunday School in September 1947 and appointed a committee. This is the first recorded discussion on the topic. Vestry meetings thereafter mention the Sunday School from time to time, but neither the time nor the place of its meeting. The first portion of the Parish House (the Parish Hall itself and its basement with a larger room and 3 small Sunday School classrooms beside it) was completed in the Spring of 1961 for a total cost of \$20,896.10.

– Jim Wollon
Property Warden



Thank You, Holy Trinity!

The Churchville Champions 4-H Club will host our Nov. 8 coffee hour. The club holds monthly meetings in the Parish Hall and wants to “give back” to Holy Trinity. Members also plan to continue FISH closet donations and help with our Thanksgiving and Christmas families.

Reaping the Harvest

by Buddy Coffey

As I write this article Holy Trinity is in the midst of her stewardship season. We had our Harvest Dinner in September, and since then everyone has been thinking about financial pledges, time/talent pledges, and what commitments we will each make for 2010. For several months we have pondered the why, what, how, fruit, and harvest of stewardship. Now it's time to begin to reap that harvest.

At the Harvest Dinner, I spoke that what we do with stewardship is more about formation than it is financial. The financial side is easier to talk about; we can count money, sum up pledge amounts, make budgets and plans, and communicate the results in concrete ways that most everyone can understand.

Formation is not like that. Formation is unique to each person; cannot be measured, planned for, or budgeted; and cannot be easily communicated to someone else. I'm going to talk about it anyway!

What is Being Formed by Our Stewardship?

That's a question we can only ask ourselves and even after asking it, we may be only vaguely aware of an answer. "How has being more generous – or maybe just thinking about being more generous – affected me?" Let me offer one area for your consideration.

Most everyone at Holy Trinity remembers the Gospel story of The Rich Young Ruler (Matt 19:16-26), the man who came to Jesus asking what good thing he should do to gain eternal life. Jesus' immediate response was, "Keep the commandments." The young man answered, "Been there, done that. So what's next?" Jesus gave him a tough follow-up response, "Go sell all that you have, give to the poor, and you will have treasure in heaven. Then come, follow me."

The man may have brushed off the impossible task of keeping all the commandments perfectly, but this saying definitely got his attention, because he was rich! He may have wanted to do what Jesus asked with all his heart, but he just couldn't bring himself to act. Jesus had clearly recognized that the man's problem wasn't his gold: it was his "grasp." I think the man realized it, too, because we read that he went away sorrowful, and I think Jesus knew that the man got the



As we come face-to-face with our generosity and stewardship, we are more aware of what we hold on to tightly, giving us an opportunity to release our grasp on it.



lesson, because Mark's account tells us that in spite of all this, Jesus loved him.

No matter how successful we feel we may have been in the physical realm of stewardship with our time, talent, and treasure, we can all reap the harvest in the realm of formation. Though unable to act at that time, the rich young ruler still got the message, and so can we.

The Art of Ungrasping

We can be like the rich young ruler at times. We cling tightly to possessions, power, and position. We hold on to concepts of self and others, of ways we are used to acting and behaving, and of ideas and thoughts long held without serious examination. All of this clinging focuses us on the objects of our grasp to the point that we can lose sight of everything else, including God working in our lives to transform us into something new.

As we come face-to-face with our generosity and stewardship, we are more aware of what we hold on to tightly, giving us an opportunity to release our grasp on it. This "letting go" is an important component of spiritual growth, and as this is formed in us, we begin to use it in our day-to-day lives.

Ungrasping What We Do

We don't necessarily stop doing what we normally do; we just let it stop defining us so strongly. We see a bigger picture in our activities beyond whatever task we are tackling at the moment.

The story is told of three laborers who were asked what they were doing. The first says, "I'm making six dollars an hour." The second says, "I'm laying stone." The third says, "I'm building a beautiful cathedral." We see a progression of ungrasping, going from an ego-centric view to a broader one. When we ungrasp in this way, we make space: space for a broader vision, space for others, and most importantly space for God. It is easier to see Him at work when we open up for Him to be a part of it.

Ungrasping Who We Are

We get comfortable with who we are to the point of hanging on to that image at all costs. Some of these things are very good traits: being thoughtful, diligent, enthusiastic, loving, even wild and crazy at times! But when we identify too strongly with our image of self, we spend excessive energy in maintaining that image. The Thoughtful One has difficulty with the Wild and Crazy. The Enthusiastic One has difficulty quieting the mind and being thoughtful.

How is God going to make us into new creations if we keep grasping onto the old? When we ungrasp who we are, we make space for God to work within us to change us.

Ungrasping Who We Aren't

This is the flip side of the last category. Sometimes we let who we think we aren't define us more strongly than who we think we are. "Oh, I could never speak in front of a group." Or, "I could never teach little children in Sunday School." Or, "Serve on the Vestry? Me??" Ungrasping who we aren't makes just as much space for God to work as ungrasping who we are.

Ungrasping Stewardship Results

Here is another practical application of ungrasping. We are in the midst of our stewardship season, and we hear periodic reports on the number of pledges made and the total amount pledged thus far. So far, so good. What gets us off track is having some expectation of what the final tally should be. If we seem to be exceeding that result, then we beam and smile. If we are lagging behind, we frown and fret.

How hard would it be to let go and ungrasp a predetermined outcome? Can we make space for God in our stewardship results? If our final total exceeds all expectations, would we see God at work? What would that tell us? How would we know what to do? We would certainly be rejoicing, but how would we put that rejoicing into action?

If our final total does not meet expectations, would we see God at work in that, too? What would that tell us? What could God be trying to tell us? Would we be perceptive enough to hear, or would we be fretting too much to even notice God's voice whispering softly?

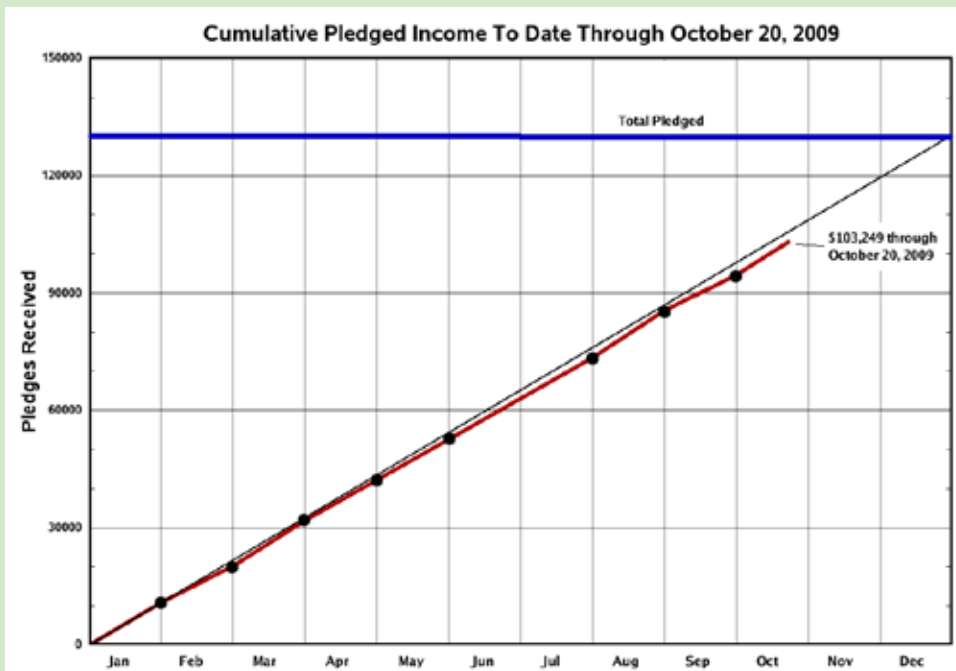
As we learn to ungrasp our desires and thereby make space for God, we see how to follow Jesus more closely, and we truly reap the harvest of stewardship.

Seeing God in All of This

Jesus asked the rich young ruler to do two impossible things. The first was to keep the commandments, and the second was to sell all that he had. The rich young ruler didn't see the impossibility of the first, necessitating the posing of the second. We fare a little better than him, because we clearly see that neither task is humanly possible.

The purpose of our learning to ungrasp is to make space for God. As we do so, we draw closer to Him and build trust in Him in ways that grasping and clinging never can. After all, if we pray for God only to fulfill our tightly held dreams, is that really trusting in God?

Jesus' last words to the rich young ruler are the same words He says to us every day: "Come, follow Me!" As we learn to ungrasp our desires and thereby make space for God, we see how to follow Jesus more closely, and we truly reap the harvest of stewardship.



Good Work!

As shown by this graph, income received (through Oct. 20) is tracking close to the amount pledged for 2009. This is good news given the current economic climate, and means Holy Trinity can continue to do the good work included in our budget. Please help us stay on course by fulfilling your 2009 pledge. It matters!

And help us make plans for next year by completing your 2010 pledge.

View From The Pew

Hi, everyone. It is nice to be back in my pew again... I see lots of friends... both old and new. When I sat down in my choir pew seat, I looked up and noticed all (and I do mean ALL) the angels sitting atop the organ just wagging their fingers at me as if to say, "Where have you been?" I kindly smiled and then they put their hands over their mouths and chuckled. They knew where I was and thankfully, they are glad I am back in my pew... a favorite spot for me in Holy Trinity Church, I might add!

I spied some new faces in church, which is always a pleasure. Usually one of the angels will wisp by an area in the church where someone new is royally pointed out to me. (This way I can welcome them when I see them during the Peace). The Spirit does quite a bit of soaring around the church. You know that breeze you feel every now and then? Guess who it is??? During one of the Old Testament readings I was directed to look at some children sitting near the back of the church. One child was playing quietly and the other was playing in the aisle with a car. I do not remember what line was read at the time, but the child in the aisle put his car down, crossed his legs and looked up at Jim Wollon with a big smile on his face. (I think the Spirit was tickling him.) After the sermon, everyone sang "How Great Thou Art" and I must tell you... all of you received a standing ovation from the angels who were perched on the stained glass window sills and the Spirit flying by the organ. You guys sounded wonderful! (I still think there are some of you who are holding back from joining our choir.)

The following week my view was not from my normal pew inside the church... rather, from a chair on the outside of the church. That's right... we were all sitting under God's beautiful creation along with all the animals who were going to get a blessing for the Feast of St. Francis. (St. Francis was so very proud as he watched Fr. Brad bless each and every animal that was there!) Even though the choir did not "process," we sang "Joyful, joyful, we adore thee." How easy it was on that day to be so very joyful. Even the angels were floating around everyone... through all the trees... flying around the outside of the church... passing through our cemetery gently touching each grave with a blessing... enjoying the company of the congregation... joyfully swooping around everyone sitting in their seats... petting the animals on the lawn... winging all the way up to where Joe was playing the clavinova. It's a good thing Elizabeth was near Joe... the wind decided to turn some of Joe's music pages on their own — thankfully, Elizabeth fixed them (although Joe has a magical way of not revealing any faux-pas anyway). If any of you have ever seen the movie "Sister Act" with Whoopi Goldberg, then you may have been reminded of that movie by our choir, whose robes were swaying as we sang. (It is just too difficult to stand completely still while singing about the Lord). I bet you have never seen

angels lined up swinging in "syncopated rhythm"... but they sure were and it was a joy to view! One of the neatest things I viewed from my "pew" seat outside was when I noticed Will Dettwiler holding hands with Colin Dehner, who was holding hands with his brother, Ryan, who was holding his dad, Ken's, hand. I saw a chain of hand-holding during the Lord's Prayer. The sight was one that brought a tear to my eye. Now THAT was a sight to view, indeed! Ever hear of a "God-wink"? Well, I got one then.

The next view I had was also not from my choir pew. Instead it was from standing behind Fr. Mac, who was holding 2 paddles with numbers on them and a bunch of quarters kept in a medicine bottle. Yup, it was at the quarter auction. I do not think I have seen THAT many people fit into our parish hall! I viewed hands going up in the air... yells of "YEAH" along with much laughter. The angels were hanging out with their paddles, too, and each time one of their numbers was called, a beautiful face would look up towards the Father and offer a "thank you"... too cool! How nice to view all the smiling faces of people, most of whom I have never met... eating, playing and laughing along with members of our church. I must say I viewed the most efficient, quickest food service from all the people who worked in the kitchen... too many names to mention, but you know who you all are. You received a major round of applause from the Spirit Himself.

Before long, Advent will be upon us. Joe has some great music that we will be working on for your enjoyment and for praising and thanking God for everything given to us by Him. If you have any suggestions, please let anyone in the choir know... and don't forget to dedicate someone's name for an anthem. My view is always in top shape when I am sitting in that pew... you all always look great!!

Many blessings to you all...

– *Cookie Bartfeld*

Reminder
Daylight Savings
Time Ends
Nov. 1
Reset your clocks
Saturday night.

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Short Notes

The Ecumenical Institute of Theology at St. Mary's Seminary & University in Baltimore will host its annual Open House on Saturday, November 7 from 8:15 a.m. to 12:15 p.m. Faculty members will address topics such as wealth, race, ecology, and healthcare as they relate to faith, Scripture, and church. The event is free and open to the public. For more information, call the school at 410-864-4200 or visit our web site at www.stmarys.edu/ei.

Colds and Flu

by Jean M. Wilson, MSN, RN, CCE

A cold is also known as the common cold and is defined as a contagious viral infection of the upper respiratory tract that usually is caused by a strain of a virus called the Rhinovirus. Signs and symptoms include fatigue, a low-grade fever, running nose, and watery eyes. Colds are usually treated with over the counter (OTC) medications such as decongestants and Aspirin or Tylenol. Rest and fluids are also recommended for people with the common cold.



Flu, on the other hand, is highly contagious and is characterized by a Myxovirus (influenza virus) and is transmitted by airborne droplet infection (coughing, sneezing, and nasal secretions). Signs and symptoms of the flu include sore throat, cough, fever, chills, muscle pain and weakness, and fatigue. The flu has a sudden onset and may last for 3-10 days. Treatment

for the flu includes rest, OTC medications, and the intake of fluids. The fever and other symptoms of the flu are what distinguish it from the common cold. There are three main strains of the flu, Type A, Type B, and Type C. New strains of the flu emerge and are named according to their geographic region, such as the Asian flu. Today the new strain of flu that people are concerned about is the H1N1 or Swine Flu.

Swine flu or the H1N1 virus is a new influenza virus which was first detected here in the U. S. in April of 2009. The term "Swine" was given to the virus because many of the virus's genes were similar to those viruses that normally occur in pigs in North America. H1N1 is spread the same way other flu viruses are spread, from person to person through coughing and sneezing. It may also be spread through the touching of a surface which has the flu virus on it and then touching your mouth and nose. Studies show that this virus can live on surfaces and can infect a person for up to 2-8 hours after being deposited on the surface. Signs and symptoms of H1N1 are; fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, and fatigue. Some people have also reported diarrhea and vomiting. If you suspect that you have H1N1 you should see your Doctor immediately for the proper diagnosis and treatment. Once H1N1 has been confirmed, you should isolate yourself from other people, make sure you get plenty of rest, and drink plenty of fluids. You should avoid normal activities such as work, school, travel, shopping, and social and public outings or gatherings. Plan now by having the necessary items in your home, such as: OTC medications, hand sanitizers, tissues, food, and fluids.



Congratulations!
Our own Bill White was recently named one of "Harford's Most Beautiful People." The award recognized his work especially with the Harford Family House and Harford County Community Action Agency.

The warning signs that require urgent medical attention and care are: high fever, difficulty breathing or shortness of breath, pain or pressure in the abdomen or chest, sudden dizziness, confusion, and severe or persistent vomiting or diarrhea. It has been noted that flu-like symptoms improve, but then return with a fever and a persistent cough.

Treatment for H1N1 is getting vaccinated! Vaccinations are one of the most effective ways of preventing influenza. Other measures of protection are isolating yourself from others who are sick, using good personal hygiene, and by taking anti-viral medications (these types of drugs are ordered by a physician). Seasonal flu vaccines should be given first followed by the H1N1 vaccine which may be up to two injections and are available at many locations now in our communities. Seasonal flu is still expected to cause illness throughout the fall and the winter.

Personal hygiene includes covering your nose and mouth with a tissue when you cough or sneeze, or coughing or sneezing into the crook of your elbow. Tissues should be thrown in the trash directly after they have been used. Wash your hands often with soap and water, especially after coughing or sneezing. Alcohol based hand cleaners can also be used when soap and water are not available. Avoid touching your eyes, nose, and mouth as germs are spread this way. Use paper towels in public restrooms and use the paper towel to turn off the faucet and to open doors to protect yourself from touching surfaces where the virus may be.

For more information and updates on the H1N1 vaccine, visit the CDC website at www.cdc.gov

Get vaccinated and stay healthy!

– Jean

Church of the Holy Trinity - Rota

November 2009

Date	Service Time	Eucharistic Minister	Lector	Crucifer	Acolytes	Ushers	Altar Guild	Nursery	Coffee Hour
11/1	8:00 a.m.	Cherie Christy				Walt Rowe			
	10:00a.m.	Buddy Coffey	Sally Carnohan	Ken Dehner	Colin Dehner Justin Voelker	Basil Coale Joan Kelly	Jean Bloyer Jane Scocca	Sue Hopkins	Sandi Thomson
11/8	8:00 a.m.	Janet Dettwiler				Walt Rowe			
	10:00 a.m.	Lawrason Sayre	Tyler Van Deusen	Jack Pollard	Joe Pollard Sara McCollum	Basil Coale Joan Kelly	Jean Bloyer Jane Scocca	Jean Bloyer	4-H Club
11/15	8:00 a.m.	Jay Evans				Walt Rowe			
	10:00 a.m.	Joan Kelly	Steve Christy	James Hopkins	Maggie Hopkins Justin Voelker	Basil Coale Joan Kelly	Jean Bloyer Jane Scocca	Will Dettwiler	Shannon & Matt Taylor
11/22	8:00 a.m.	Gene Fitzgerald				Walt Rowe			
	10:00 a.m.	Steve Christy	Cherie Christy	Tyler Van Deusen	Margaret McGuirk Kyle McCollum	Basil Coale Joan Kelly	Jean Bloyer Jane Scocca	Lori Dehner	
11/26	10:00 a.m.	David Robinson	Jane Scocca				Jean Bloyer Jane Scocca		
	8:00 a.m.	Bob Woodson				Walt Rowe			
11/29	10:00 a.m.	Cami Rogers		Will Dettwiler	Emily Pollard Maria Voelker	Basil Coale Joan Kelly	Jean Bloyer Jane Scocca		

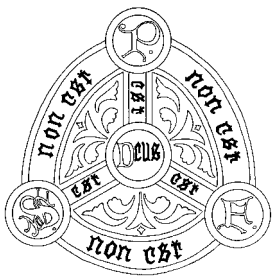
Please note: If you are unable to serve on the assigned Sunday, please arrange for a substitute and call the office as soon as possible so that the worship leaflet can be updated accordingly.

Each of the columns represents a ministry opportunity.
Listen carefully; perhaps God is calling you to serve.

Holy Trinity Church Calendar

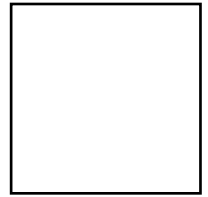
November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>HE:8AM, 10AM- Coffee Hour Church school, CTC: 11:30</p>	2	<p>3</p> <p>4-H:7:00PM Bible Study:7:30PM</p>	<p>4</p> <p>BBBS:12:30PM</p> <p>Yoga:6:00PM Worship Com.:6:15PM Girl Scouts:7PM Choir: 7:00PM</p>	<p>5</p> <p>Bridge club:7PM</p>	6	<p>7</p> <p>Brotherhood of St. Andrew breakfast:8:00AM</p>
<p>8</p> <p>HE:8AM, 10AM- Coffee Hour Church school, CTC: 11:30</p> <p>Kirk'n' O' Th' Tartan</p>	<p>9</p> <p>Prayer Shawl:7:00PM Vestry:7:30PM</p>	<p>10</p> <p>Bible Study:7:30PM</p>	<p>11</p> <p>BBBS:12:30PM</p> <p>Yoga:6:00PM Choir: 7:00PM</p>	<p>12</p> <p>Bridge club:7PM</p>	13	<p>14</p> <p>Private party:1PM Quarter Auction:5:45PM</p>
<p>15</p> <p>HE:8AM, 10AM- Coffee Hour Church school, CTC: 11:30</p> <p>Women of HT</p>	16	<p>17</p> <p>FGQG:9:00AM</p> <p>Scrabble: 6:30PM</p>	<p>18</p> <p>BBBS:12:30PM</p> <p>Yoga:6:00PM Girl Scouts:7PM Choir: 7:00PM</p>	<p>19</p> <p>Bridge club:7PM</p>	<p>20</p> <p>Girl Scouts:6PM</p>	<p>21</p> <p>Outside workday</p> <p>Scrapbooking: 9:00AM</p>
<p>22</p> <p>HE:8AM, 10AM- Coffee Hour Church school, CTC: 11:30</p>	<p>23</p> <p>Prayer Shawl:7:00PM Harford Regional Council at HT</p>	<p>24</p> <p>Bible Study:7:30PM</p>	<p>25</p> <p>BBBS:12:30PM</p> <p>Yoga:6:00PM Choir: 7:00PM</p>	<p>26</p> <p>HE: 10:00AM</p>	27	28
<p>29</p> <p>HE:8AM, 10AM- Coffee Hour Church school, CTC: 11:30</p>	30					



Church of the Holy Trinity

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November Birthdays

- 4 Betty Coale
- 6 Sue Hegeman
- 7 Julia Montville
- 8 Will Dettwiler
- 9 Colin Dehner
- 11 ... Paul Kotlowski
- 17 ... Steve Zardas
- 18 ... Basil Coale
- 21 ... Sarah Sutton
- 23 ... Emily Pollard
- 24 ... John Knapton
- 27 ... Barbara Schulz

Let me introduce myself...

I am Kerry Kittle and I will be helping Nancy Ann and Melissa put out the monthly newsletter. I attend the 8:00 service with my mother, Nancy and daughter Jaymee (when we can get her out of bed). As Gene Fitzgerald so aptly introduced us on our first Sunday in July... we are part of the BRAC invasion and moved here from Belmar, New Jersey. We now live in Havre de Grace and I am a technical writer/editor for the US Army working on Aberdeen Proving Ground. I have three children and three grandchildren. My oldest son lives in Tennessee with his wife and the three babies, my younger son and his wife live in New Jersey and my daughter lives at home. We came from a large church, Trinity Episcopal in Asbury Park, New Jersey and were church shopping for a smaller more intimate church in this area. We found Holy Trinity by accident. On the way home from Bel Air one evening, we took a wrong turn and got lost. While on that road, we came upon a beautiful stone country church- and it felt like a sign from God- the name was Holy Trinity. So we decided to plug the address into the GPS so we could find it on the following Sunday, which was the Sunday Father John fell ill. We were impressed with the compassion shown Father John, but the down to earth, step up to the plate attitude which ensured the service continued without a lot of hoopla was most refreshing. Everyone at the service was engaging and friendly and we even got a special welcome bag (made by Candi Fitzgerald). We decided to come back the next Sunday to meet the regular priest and have kept on comin'. Thank you all for your warm welcome. If you have any suggestions for the newsletter, please feel free to send it to the office or email me directly at kittlekj@gmail.com. I look forward to hearing from you.

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Send articles, photos, and news to Kerry (kittlekj@gmail.com) or the church office (office@htrinitychurchville.org) by the 15th of the month.

News? Send it to: kittlekj@gmail.com

– Kerry Kittle
Editor