



# The *Trinitarian*

Holy Trinity Office  
410•836•2227  
office@htrinitychurchville.org

*To know Jesus Christ and to make Him known through our good works*

Church of the Holy Trinity Newsletter

September 2009

## BRAD'S INK

Welcome back to Holy Trinity for the fall of 2009. I look forward to seeing all of your smiling faces as we start the academic and unofficial year. As part of our children returning to school, we will have a "Blessing of the backpacks" at the 10 AM service on September 13.

Thank you to Joanne Lortie for repainting our sign. The first time our family drove by my wife was thrilled and said that this is the first time that she had noticed what it said. I am thrilled that Joanne took the time to give her talent for the common good. Thanks.

Sunday school is coming again. We will have our Sunday school open house on Sunday, September 13, and actually start classes on September 20. We have three classes this year: Preschool – Lisa Lamarr and Jean Wilson; Primary – Lori Dehner and Joy Zardas; and Young Teen – Will Dettwiler and Tyler Van Deusen. The classes will continue to sing with Kris Pollard and Debra McCollum. We had a very successful year last year and are looking forward to another year of fulfilling our baptismal vows to "be responsible for seeing that the child (children in this case) you present is brought up in the Christian faith and life." BCP 302

We have invited The Rev. Wes Wubbenhorst to come and teach his "Mending Creation" class on September 13. Everyone who interacts with our children or wants to be on the Vestry needs to take the class. We have a list of those who have already taken the class but I know that we have many others who need to hear how to protect our children while we are bringing them up in the Christian faith and life.

The Harvest Dinner will be Saturday, September 26. Buddy Coffey is in charge of the program, and Joan Kelly is in charge of the dinner. Please plan to come. If you find Buddy's writings to be as enlightening as I do, you will want to make a special effort to come and listen and have dinner with 50 of your best friends. Hope to see you there.

Horizons Gathering – The time is ripe for our diocese to reflect, imagine, and then begin to act on a new vision for our ministry together. In order to

gather input from throughout the diocese, Bishop Sutton is asking for every parish, mission and diocesan institution to select one of their members to be part of the newly formed "Horizons Gathering." Holy Trinity has chosen Pat Johnson to be our representative to the HG which begins on October 3 at Claggett Retreat Center. Fr. Brad will also go as part of his Diocesan Council duties. Please talk to Pat and myself about your vision for Holy Trinity and your vision for the Diocese of Maryland.

I would like to share a little bit of my spiritual retreat. The subject for the year was "Covert Processes." The big overview is: we know that when we in the church have good ideas and we get together to make those ideas into programs, what we need to do is have a person or committee figure out the details and tell everyone in an objective manner what we want to do, how we are going to do it, and how we can praise God through this effort. The Covert Processes are those things that derail the best programs. Often there is a struggle that is going on which has no objective part of the proposed program but which invades the space to derail it. We like to think that Holy Trinity doesn't have any of these Covert Processes lurking. The idea is that our leadership needs to recognize when the covert stuff happens and figure out how to continue Christ's work anyway. If anyone would like to talk with me about how to say all of this in English – I would be happy to talk with an individual or small group.

I also studied *The Cross & the Prodigal* based on Jesus' parables recorded in Luke 15. There is a great deal of insight about how the culture of Jesus' time heard the parables differently than we do in our 21<sup>st</sup> century culture.

*Meeting Jesus Again for the First Time* by Marcus Borg: the Wednesday "Brown Bag Bible Study" will begin studying this book on September 2. Come join us in this discussion. Part of the discussion is based around our views of who Jesus is. Do you keep the same view of Jesus your whole life? OR does your

*(Continued on page 2)*

## WARDEN'S CORNER

I can hardly believe that summer has come to an end. During this summer we have made many plans for the fall and some for the winter. One change is the addition of a scrabble club here at Holy Trinity. There are several members with varying talents. We could not decide on a night so we change every other month; September's will be on Tuesday the 15<sup>th</sup> and October's will be on Friday the 23<sup>rd</sup>. If we can get another host we can have both a Tuesday and a Friday group each month.

Our Sunday school has added a new class and with that a new teacher, Jean Wilson. Open house for the Sunday school, the return of our choir and training for adults who work with children will all be on September 13. Sunday school classes will start the following week, September 20, at 11:30.

Scrapbooking is doing a great job of raising money to help us continue some of our fun projects, and providing some of the supplies needed for Coffee Hours. Please continue to spread the word so that we can keep up the great attendance.

September 26 is the Harvest Dinner and kick off for our stewardship campaign. It would be great to have a full house for this event. It is a free meal, a short talk, an overview of the plans we have for the church, and the money that we will need to accomplish our goals. Please mark your calendars and plan to attend. Doors open for cocktails at 6:15 and for dinner at 7:00. (There will be no other fellowship dinner this month.)

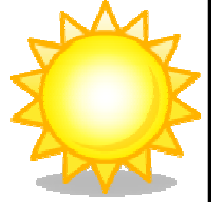
Our budget is still in need of a boost and though we have covered the cost of the sign we still need to pay to have it installed. Loren has agreed to help us by getting the vendors and using some of her ties to have two more Dinner Quarter Auctions. These events take about fifteen people working for three hours one night a month to raise \$1,000 +. **WE NEED YOUR HELP.** Help is needed to set up tables, serve dinner, pour drinks, collect money, empty trash cans, take down tables and chairs. Our next auction is October 10, and we would like to have one on November 14 to help cover some of the unexpected expenses that have come up with the lawn mower, window, steps, and ceiling tiles.

Joan Kelly

## GENERAL CONVENTION INFO

The Delegation to General Convention from the Diocese of Maryland will make a presentation on Tuesday, September 15, at the Cathedral at 7:30 P.M.

## SUMMER THANKS



Summer thanks are due to Joanne Lortie for painting our sign. An excellent job, Joanne, and it has been desperately needed for some time. Thank you!

With the installation of our new back-lighted sign with movable lines for messages, to be installed near the present sign's location, we shall move our present sign to be near the Church Lane entrance to the property, maintaining its illumination so nicely modified by Ross Hill. Thank you, Ross! Ross made little hoods over the exposed bulbs to protect them from moisture which frequently burned them out. The little hoods look much better than the bare bulbs, too.

We are organizing our Archives. We have received an anonymous donation of \$150 for Archives supplies which will help preserve them and make them more readily accessible for research. Thank you for this gift!

Summer thanks to Sandy and George Thomson for the Wall Garden beside the church this summer. This is the most beautiful year yet for the Wall Garden, if that is possible. And it is possible, by the look of things. Thank you so much, Sandy and George.

Jim Wollon  
Property Warden

## BRAD'S INK CONT'D,

understanding increase as you age and study so that you see Jesus in a different light as you mature?

At the General Convention I bought a book *Jesus was an Episcopalian (and you can be one too!)*. The name is eye-catching and not intended to be exclusive – he also agrees that Jesus was a Roman Catholic, a Baptist, a Presbyterian, etc. I would like to offer a course in this book (no reading required) on Sunday mornings at 11:30 if at least 3 people are interested. The book starts with where are we in modern America and how does that speak to your Christian faith? (Or conversely, how does your faith cause you to interact with our society?) Throughout the book, the author speaks of how we Episcopalians try to follow Jesus and how we live of lives in faith. Any takers?

May the God of Abundance richly bless you and bring you to a close relationship with God through Jesus Christ. May God speak with you in a way you can understand.

Yours in Christ,  
Fr. Brad

## The "Fruit" of Stewardship .....

by Buddy Coffey

*But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal: For where your treasure is, there will your heart be also.*

– Matt. 16:20-21

If I were to go looking for my heart today, I would hope that part of it would be "in heaven," but I also know that another part would remain tied to earth and the attractiveness of power, possessions, and position. You may feel the same way.

We instinctively know the difference between treasures on earth and treasures in heaven, but we may not think about that distinction a lot. It is easier for us to fix our eyes on the tangible things before us than on the intangible and spiritual that can only be seen with the eyes of our hearts.

The fruit of stewardship isn't the amount of money we pledge, the number of hours we spend at church, or all the programs we participate in. Those can all be important and even wonderful things. But the fruit of stewardship is part of the treasure that we lay up for ourselves in heaven.

This series of articles has been to encourage us to think about our generosity, not as another layer of life to be added to our ever-increasing "To Do" list, but as something that becomes a deep part of our being, our very way of living. Last month I wrote that what we pay attention to will grow. Just thinking more about generosity will make us more generous!

The early New Testament Church took a radically different approach to giving from what they had experienced under the Old Covenant. We get a glimpse of that in something the Apostle Paul wrote to the Corinthian church.

*Each man should give what he has decided in his heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.* – 2 Cor. 9:7

Within this verse we can find much of the fruit of stewardship that becomes our treasure in heaven.

**Each man should give...** God is generous, and we are created in His image. Therefore, we are naturally generous, too. We are naturally open but the pressures and examples of society tend to close us up. One fruit of stewardship is the ability to "open up" again, not just to giving, but to the closeness of the Father, the companionship of the Son, and the gentle nudging of the Holy Spirit.

**What he has decided in his heart to give...** Our generosity is more than an intellectual decision; our heart is involved. As we learn to listen to our hearts and to rely on what we hear, we develop wisdom and intelligence. We "hear" those soft promptings of the Holy Spirit more clearly and learn that we can trust in them. More fruit.

**Not reluctantly...** How many decisions are made out of fear? Just read the headlines in the newspaper: swine flu, economy in shambles, terrorist attacks, and the health insurance crisis. Trillions of dollars spent out of fear. With so much fear around us, we become infected by it, too. No wonder we're reluctant! As we

learn to be more generous, we lose our reluctance, and we begin to embrace trust instead of fear. Not trust in ourselves but trust in our Heavenly Father. That trust becomes another fruit of stewardship.

**Or under compulsion...** No, not a legal compulsion but it's an obligation all the same. It is easy for us to be so performance-oriented that our deeds become substitutes for our relationship with God. While we know it's not true, we can still think that the more we give, the greater favor we will find with God. Pssst! I have a secret: God doesn't keep score!! That is part of the Truth that Jesus says will set us free. Another fruit.

**For God loves a cheerful giver.** I think Paul added that phrase just for me, because I can become grouchy when I give. Fortunately, God loves grouches, too. Look around you sometime. How many truly cheerful people do you see? Most are so wrapped up in day-to-day living that they abandoned the practice of cheerfulness long ago. Life becomes putting one foot in front of the other, collapsing into bed, and then getting up to do it all over again the next day. In this scripture, Paul indicates that generosity will create the quality of cheerfulness in us.

So, do we decide to be more generous and do more generous things to "get" all these qualities in our life? No, it doesn't work that way. That would just be adding something else to our "To Do" list. Instead, we become more generous by being around those who are generous as a way of life, and the most generous person we'll ever know is God.

The key to developing the fruit of stewardship is to draw closer to Jesus, to build our relationship with Him, to see life as He sees life, and to live it fully and abundantly as He lived it. Jesus is the only person who lived the "give" way of life every moment of every day. Let his generosity rub off on us. It won't happen overnight; that's why my heart is still divided between heaven and earth. It's a life-long journey. Fortunately, Jesus has been generous to build His church so that we will have companions to encourage us along the way.

Holy Trinity's annual Harvest Dinner will be held on September 26. We'll talk about numbers and dollars and projects and pledges. It's good to do that every so often. This will kick off our fall pledge season. Between now and then we'll be thinking about what amount to pledge. There are many ways to make a judgment about that. We can ask, "What amount can I afford?" or "What amount does the church need?" Sometimes we can get a bit off track and ask things like, "What amount is expected?"

But I think the more helpful question, as well as the more difficult one, is "What amount draws me closer to God?" That closeness can't be measured, because this is something spiritual and measurement is for physical things. About the best we can do is sit with the question prayerfully and meditatively. God does answer. The Holy Spirit will nudge us. Our hearts will know.

**NEXT MONTH:** The "Harvest" of Stewardship



## HEALTH AND WELLNESS

In writing a monthly column on health and wellness, it is important for us to define exactly what is meant by the terms health and wellness. Defining health and wellness can

be difficult, because it has different meanings for different people. Health is also defined differently among people of different ages, genders, races, and cultures. A person's values, personality, lifestyle, and the way that they perceive health may also influence their definition. Life conditions such as socioeconomic factors, diet, and the environment also play a role. Do these life conditions have a negative or a positive influence on the person's health? It is important for a person to be able to adapt to the stresses in life in order to stay healthy and to look at health within the family, within the community, and across the life span.

Think of how you might explain health and wellness to another person. What would you say?

Health can be defined as; all the functions of the body and of the mind are normally active, but how do we define normal? Normal also means different things to different people and what can be normal for one person, may not be normal to another.

Wellness can be defined as; in good health, lack of disease, or a state of mental and physical balance. Although this may be correct in some sense, just because a person is free of disease does not mean that they are healthy.

The World Health Organization (WHO) defines health as; a state of complete physical, mental, or social well being and not merely an absence of disease or infirmity. To be healthy we must encompass the "whole or total person" including the physical, emotional, social, financial, and spiritual aspects of the person.

How many of you know or remember Maslow's Hierarchy of Needs? The physiologic need encompasses hunger, safety, love, affection, and belonging, followed by self respect, self esteem, and self actualization. All of these things together equal optimal physical, emotional, and spiritual health.

Healthy People 2010 is a document that was designed to improve the health of all people in the United States. This document has 2 specific goals; the first is to increase the quality and years of healthy life and the second is to eliminate health disparities. There are 4 specific areas outlined within this document:

1. Promoting healthy behaviors
2. Promoting healthy and safe communities
3. Improving systems of personal and public health
4. Preventing and reducing diseases and disorders

To learn more about this document, you can visit [www.health.gov/healthypeople](http://www.health.gov/healthypeople)

Today we can't turn on the radio, the television, or open a newspaper without seeing or hearing something about healthcare. As we look to what the future might hold for us in healthcare think about what YOU are doing NOW to stay healthy and well.

Stay healthy and well,  
Jean.

[nursewilson@zoominternet.net](mailto:nursewilson@zoominternet.net)

References available upon request.

## SEPTEMBER BIRTHDAYS

2...Grace Scibek  
5...Colby Hardwick  
14...Joseph Pollard  
15...Steven Christy  
17...Moira Ricklefs  
18...Jane Scocca  
19...Jacob Lamarr,  
Justin Kotlowski  
21...Lawrence Brice  
24...Ryan Dehner  
27...Jim DiMattia  
28...Michel Reutter,  
29...Sydney Wolfe,  
Courtney Wolfe

**Public Narrative** – one of the ideas that was big at General Convention was that we as Episcopalians need to tell our story better. They titled this project "Public Narrative." Here is how what one priest told her parishioners: "Think about and then tell a specific story from your life. After you have told the story, think – what Biblical story is similar to my story. Then talk about that with friends or family or even your priest." I know that there were many shared stories like that at convention. Can we share our stories with each other? There is a wealth of spirit filled people here at Holy Trinity – please let us know your story.

## BOOK REVIEW:

### *YOUR FAITH YOUR LIFE*

I should never be allowed to walk into St. Bede's; it's eventually going to send me to the poorhouse! In addition to the books I meant to buy, I walked out with *Your Faith Your Life: An Invitation to The Episcopal Church*, a book I'd never heard of. While it is a good reference book, drawing from both the Bible and our *Book of Common Prayer*, it's not at all dry or boring. It opens with a wonderful Henri Nouwen story: "A child wandered into a sculptor's studio and watched a master sculptor work with hammer and chisel on a large piece of marble. Marble chips flew in all directions. Months later the child returned. The block of marble had become a majestic and powerful Aslan-like lion. 'How did you know,' he asked the sculptor, 'there was a lion in the marble?' 'I knew,' the sculptor replied, 'because before I saw the lion in the marble, I saw him in my heart. The real secret, though, is that it was the lion in my heart who recognized the lion in the marble.'"

That sets the tone for the rest of the book as we look for the "lion" in our hearts that recognizes the "lion" in the marble. The pathway is implied in the chapter titles: "Seeking the True" (which uses Bible stories, our church history, and the *Book of Common Prayer* as our guide), "Seeking the Good" (discerning what God is calling each of us to do), and "Seeking God" (the spirituality of prayer, worship, and the sacraments).

There are thought-provoking questions for reflection at the end of each chapter, and both the text and the questions provide insights into ways to talk about our faith when we are asked. There is also a good glossary and reference section. It's a new book, published in 2009! There is a companion book (which I now wish I'd also walked out with): *My Faith My Life: A Teen's Guide to the Episcopal Church*.

I'll put *Your Faith Your Life* in our library. I hope you will check it out! It might be a good book for a discussion group.

B Hopkins

**Pledges** – while we all took our summer vacations and trips, our expenses did not. I was informed that we are about \$4,000 behind in our pledges. Please remember that we based everything on what was pledged and please catch up when you can.

## SCRAPBOOKING

Holy Trinity's Parish House  
2925 Level Road, Churchville, Maryland



THE THIRD SATURDAY

September 19, 2009

9AM TO 9PM

COST ----- \$20 DOLLARS and a snack (Includes door prizes, swap table, lunch, and drinks throughout the day)

Contact JOAN KELLY (410) 838- 0998 or e-mail  
jhk2563@aol.com to reserve your spot.

**Outreach** – Sandi Thomson is running our Outreach Program which includes helping Harford Family House, buying back-to-school clothes for disadvantaged children, and buying Thanksgiving and Christmas dinners for needy families. The two Bible study groups decided to see if they could reach out to the needy in the world in a way that makes a difference to a known person or group. The idea is to start a Christian relationship with that person or group. The Brown Bag Bible Study is sponsoring an orphan at Our Little Roses in San Pedro Sula, Honduras, where the Episcopal Church runs an orphanage for "throw-away children." These are low-cost ways to spread Jesus Christ throughout the world. Does your group want to consider such an effort?

# CHURCH OF THE HOLY TRINITY—ROTA

## SEPTEMBER 2009

Date	Service Time	Eucharistic Minister	Lector	Crucifer	Acolytes	Ushers	Altar Guild	Nursery	Coffee Hour
9/6	8:00 a.m.	Bob Woodson				Walt Rowe			
	10:00 a.m.	Cami Rogers	Sally Carnohan	Ken Dehner	Colin Dehner	David & Dorian Robinson	David & Dorian Robinson	Moira Ricklefs	
9/13	8:00 a.m.	Steve Christy				Walt Rowe			
	10:00 a.m.	Joan Kelly	Will Dettwiler	James Hopkins	Maggie Hopkins	David & Dorian Robinson	David & Dorian Robinson	Lisa Lamarr	
9/20	8:00 a.m.	Cherie Christy				Walt Rowe			
	10:00 a.m.	Jim Wollon	Cami Rogers	Tyler Van Deusen	Margaret McGuirk	David & Dorian Robinson	David & Dorian Robinson	Sally Carnohan	Lamarr family
9/27	8:00 a.m.	Buddy Coffey				Walt Rowe			
	10:00 a.m.	Lawrason Sayre	Moira Ricklefs	Will Dettwiler	Joe Pollard	David & Dorian Robinson	David & Dorian Robinson	Tyler Van Deusen	

**Please note: If you are unable to serve on the assigned Sunday, please arrange for a substitute and call the office as soon as possible so that the worship leaflet can be updated accordingly.**

Each of the columns represents a ministry opportunity. Listen carefully; perhaps God is calling you to serve.

# HOLY TRINITY CALENDAR

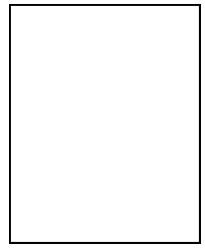
## SEPTEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 4H: 7PM Bible study: 7:30PM	<b>2</b> BBBS:12:30PM Yoga:6:00 PM Worship Cmt: 6:15PM Girl Scts:7:00PM Choir:7:00 PM	<b>3</b> Bridge Club:7PM	<b>4</b> Daisy Scts:6PM	<b>5</b>
<b>6</b> HE: 8:00 AM, 10:00 AM— Coffee Hour	<b>7</b> <i>Labor Day</i> Office Closed	<b>8</b> Bible study: 7:30PM	<b>9</b> BBBS:12:30PM Yoga:6:00 PM Choir:7:00PM	<b>10</b> Bridge Club:7PM	<b>11</b>	<b>12</b>
<b>13</b> HE: 8AM, 10AM—Coffee Hour Ch Sch open house, CTC: 11:30AM Mending Creation Private pty:5PM	<b>14</b> Prayer Shawl:7PM Ves- try:7:30PM	<b>15</b> FGQG: 9:00AM Scrabble club:6:30PM	<b>16</b> BBBS:12:30PM Yoga:6:00 PM Girl Scts:7:00PM Choir:7:00PM	<b>17</b> Bridge Club:7PM	<b>18</b> Wedding rehearsal:6:00PM Daisy Scts:6PM	<b>19</b> Scrapbooking
<b>20</b> HE: 8:00 AM, 10:00 AM— Coffee Hour Ch Sch, CTC, Women of HT:11:30AM McGee/Fallon wedding: 1:00PM	<b>21</b>	<b>22</b> <i>Autumn begins</i> Bible study: 7:30PM	<b>23</b> BBBS:12:30PM Yoga:6:00 PM Choir:7:00PM	<b>24</b> Bridge Club:7PM	<b>25</b>	<b>26</b> Harvest Dinner
<b>27</b> HE: 8:00 AM, 10:00 AM— Coffee Hour Church School, CTC:11:30AM	<b>28</b> Prayer Shawl:7PM	<b>29</b> Bible study: 7:30PM	<b>30</b> BBBS:12:30PM Yoga:6:00 PM Choir:7:00PM			



## *Church of the Holy Trinity*

P.O. Box 25  
Churchville, MD 21028  
Phone: 410 • 836 • 2227  
htrinitychurchville.org



### **EDITOR NEEDED...**

*The Trinitarian* is in need of an editor. This person would solicit articles from the congregation and do editing and proofreading of what is submitted. The editor works electronically with Nancy Ann Sayre, who does the lay out most months, and Melissa Moses (church secretary), who helps with gathering the submissions and sends out the newsletter.

If you are interested please contact the church office.

We are updating our directory list with home addresses, telephone numbers, birthdays and email addresses. Please make sure we have your correct information.

Articles for the *Trinitarian* are due to HT Office ([Office@htrinitychurchville.org](mailto:Office@htrinitychurchville.org)) by 15th of each month. Please send all articles via email if possible in the text of your email or in a Word document. If you prefer not to send by email, place your article submission in Melissa's mailbox.